

SIMPLE MONEY RESET WORKBOOK

A 30-Day Printable Planner to Organize Your Bills, Spending, Subscriptions, and Debt

Includes:

✓ Money Snapshot

See your starting point clearly in one place

✓ Monthly Bills List

Make fewer things feel surprising

✓ Subscriptions Audit

Review what still fits your life right now

✓ Spending Leaks Finder

Notice patterns, not perfection

✓ Debt Overview

Clarity on what you owe and what needs attention

✓ 30-Day Reset Planner

Small, realistic actions for the next month

Calm, beginner-friendly worksheets for getting your money details out of your head and into one clear place.

by BigMoneyVision101

Workbook Overview

This workbook is designed to help you organize your bills, spending, subscriptions, and debt — one clear page at a time. Work through it in order for a full 30-day reset, or go directly to the section that feels most urgent right now.

WHAT'S INSIDE

#	Section	What It Helps You Do
1	Welcome	Understand the purpose and mindset behind this workbook
2	How to Use This Workbook	Learn how to move through the pages at your own pace
3	What This Workbook Is and Is Not	Set clear expectations before you begin
4	Money Snapshot	See your full financial picture in one place
5	Monthly Bills List	List every regular bill so nothing feels surprising
6	Subscriptions Audit	Review recurring charges and decide what still fits
7	Spending Leaks Finder	Notice small expenses that may be adding pressure
8	Debt Overview	Create a clear list of what you owe and what needs attention
9	30-Day Reset Planner	Choose realistic actions for the next month
10	Final Notes & Next Steps	Reflect, plan ahead, and keep the momentum going

By the end of this workbook, you will be able to:

- Organize your bills and know what is due each month
- Review your subscriptions and decide what still fits
- Spot spending leaks and notice patterns without judgment
- Understand your debt clearly in one place
- Create a simple, realistic 30-day reset plan

Simple Money Reset Workbook — Educational use only.

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How To Use This Workbook

You can complete this workbook in one sitting, over one week, or across 30 days. Move through the pages in order if you want a full reset, or start with the worksheet that feels most urgent. Keep your bank app, bills, subscription list, debt information, notebook, and calculator nearby if available.



Choose Your Pace

One sitting, one week, or 30 days — all are valid approaches. There is no wrong way to begin.



Gather What You Can

Bank app, bills, subscription list, debt information, notebook, and a calculator if available.



Start Where It Feels Urgent

You do not have to go in order. Begin with the worksheet that feels most pressing right now.



Review Weekly

Use the weekly check-in pages to notice progress and choose your next small step.

Quick Reminders



Start with your best current numbers.



Mark unknown numbers so you can check them later.



Focus on one small next step at a time.



Review your progress weekly.

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Money Snapshot

Start by getting the basics in one place. Use your best current numbers. You can update them later.

This page is not about being perfect. It is about seeing your starting point clearly. If you do not know an exact number, write your best estimate and mark it with a star so you can check it later.

Category	Your Answer / Amount
Main income source(s)	
Approximate monthly take-home income	
Total monthly fixed bills	
Estimated flexible spending	
Total minimum debt payments	
Current savings amount	
Biggest money stress right now	
One thing that would make this month feel easier	

Reflection Prompt

What surprised you most when you looked at these numbers?

☐ Educational use only. This worksheet is for organization and clarity, not professional financial advice.

Subscriptions Audit

Review recurring charges and decide what still fits your life right now.

You do not have to cancel everything. Start by noticing what you pay for, what you still use, and what may need to be paused, canceled, or reviewed.

Subscription	Monthly Or Annual Cost	Renewa I Date	Last Used	Keep, Pause, Cancel, Or Review	Reason	Action Date

Decision Prompts

- Do I still use this?
- Does this support something important right now?
- Is there a lower-cost version?
- Would pausing this for 30 days create breathing room?

☐ A subscription can be useful and still need review. This is about fit, not guilt.

Debt Overview

Create a clear list of what you owe, what is due, and what needs attention.

This page is for clarity only. It does not require you to choose a payoff strategy today. If a debt feels urgent, confusing, or legally serious, consider contacting the lender or a qualified professional.

Debt Name Or Lender	Balance	Minimum Payment	Due Date	Interest Rate If Known	Current Status	Login Or Contact Note	Next Step

Status Examples

Current

Behind

In Hardship Plan

In Collections

Need To Verify

Need Professional Guidance

Reflection Prompt

Which debt feels most urgent or confusing right now?

☐ This workbook does not provide legal, credit repair, tax, investment, or professional financial advice.

Important Safety Note

- ❏ This workbook is for educational and organizational purposes only. It is not legal, tax, investment, credit repair, or professional financial advice.

The worksheets in this workbook are designed to help you organize information, notice patterns, and choose practical next steps. They do not guarantee income, savings, debt payoff, credit score improvement, or any specific financial result.

Not Legal Advice

Nothing in this workbook constitutes legal advice. If you have a legal question related to debt, contracts, or financial obligations, please consult a qualified legal professional.

Not Tax Advice

Nothing in this workbook constitutes tax advice. For tax-related questions, please consult a qualified tax professional or official government resource.

Not Investment Advice

Nothing in this workbook constitutes investment advice. For investment-related decisions, please consult a qualified financial advisor.

Not Credit Repair Advice

Nothing in this workbook constitutes credit repair advice. For credit-related concerns, please consult an appropriate qualified professional or official support channel.

- ❏ If any financial situation feels urgent, legally serious, or overwhelming, please contact a qualified professional or official support channel as soon as possible.

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